

**Craig James, LCSW, LSATP, MAC**

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**PROFESSIONAL EXPERIENCE**

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**Founding Partner, Chief Operations Officer, & Speaker** **6/15 - Present**  
**Insight Into Action Therapy, Ashburn, Virginia**

Founding Partner of outpatient behavioral health company. Co-developed and facilitate the Dual Diagnosis Recovery Program© for adolescents, young adults, and adults. Evaluate and provide mental health and substance use treatment through individual, family and group therapy. Give presentations and trainings to community agencies and professionals on issues relating to clients and families. Maintain and enhance business development. Hire, train, and manage consultants. Provide clinical supervision for licensure.

**Founding Partner & Chief Operations Officer** **06/18- Present**  
**Insight Recovery Centers, Ashburn, Virginia**

Founding Partner member of a community-based substance use disorder intensive outpatient and outpatient program in Loudoun County. Oversee logistical operations, clinical care and community presence. Provides clinical supervision to direct care staff and participates in treatment team management. Collaborates with Executive Leadership Team on establishment and operations of treatment program. Participate in business development and community-based marketing activities.

**Board Member, Executive** **2/20 – 2/24**  
**Loudoun County Community Services Board**

Worked with the board as advisors to the Loudoun County Board of Supervisors based on the its legislative agenda. In conjunction with the staff at the department of mental health, substance abuse, and developmental services provide oversight and recommendation for services provided to the Loudoun County community.

**Board Member, Executive** **2/17 - Present**  
**Virginia Association of Addiction Professionals**

As secretary for board of directors maintain minutes, action items, and policy and procedure for the non-profit organization. Work in the areas of advocacy, outreach, education, and training to membership. Also look to retain and expand individual and community partnership memberships.

**Board Member** **5/19 - 2022**  
**Dandelion Meadow**

Work with the board members to establish a recovery home and program for women survivors of addiction, human trafficking, and exploitation.

**Individual, Family, & Group Therapist** **3/06 – 6/15**  
**Finding Solutions Counseling Centers, Ashburn, Virginia**

Evaluated and provided mental health and substance use treatment through individual, family and group therapy. Maintained and enhanced business development. Assisted in the hiring and training of new consultants.

**Individual, Family, & Group Counselor**

**6/03 – 3/06**

**National Counseling Group, Inc., Annandale, Virginia (formerly Northern Virginia Counseling Group, Inc.)**

Provided outpatient and in-home counseling along with case management services to adolescents and families in the Northern Virginia region.

**Probation Officer**

**12/02 – 6/03**

**Loudoun County Juvenile Court Service Unit, Leesburg, Virginia**

Ensured compliance of Court Orders and Conditions to juveniles adjudicated by the Court through school, home and office supervision and visitations.

**Fairfax County Juvenile & Domestic Relations District Court**

**12/96 – 10/04**

Worked primarily in a direct service capacity with adolescents and families involved with the court. Job duties ranged from unit counselor/staff member within the secure facility to the shift supervisor of counselor/staff members. Final capacity was as an Intake Officer, sworn to interpret and apply the Code of Virginia.

**SPEAKING ENGAGEMENTS**

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“Harm Reduction Psychotherapy: Practical Applications in Clinical Practice.” (February 6, 2024). Addiction Resource Counsel, Inc. Webinar.

“Let's Talk about Alcohol and Drug use Round Table Workshop”. (Jan 25, 2024). Loudoun Serenity Recovery Community Organization.

“Harm Reduction Psychotherapy: Practical Applications” (January 26, 2024). National Association of Social Workers. Webinar.

“Substance Abuse Increase During COVID-19.” Public Policy Exchange Panel Discussion. (October 4, 2022). Virtual.

“Harm Reduction for Skeptics: Practicing Alcohol Moderation in a Post-Pandemic World.” Cape Cod Symposium on Addictive Disorders. (September 10, 2022). Cape Cod MA.

“Harm Reduction for Skeptics: Practicing Alcohol Moderation in a Post-Pandemic World.” East Coast Symposium on Addictive Disorders. (August 21, 2022). Baltimore, MD.

“Harm Reduction Techniques for the #1 Substance of Use.” National Association of Social Workers. (June 25, 2022) Washington, DC.

“Utilizing Harm Reduction Strategies for Substance Use Disorders During the COVID-19 Pandemic.” Mental Health and Substance Abuse Management Summit. (March 28, 2022), Nashville, Tennessee.

“Harm Reduction for Skeptics: Practical Applications for Alcohol Use Disorders.” National Association for Alcoholism and Drug Abuse Counselors (March 26, 2022). Virtual.

“Practicing Alcohol Moderation in a Post-Pandemic World.” Alabama School of Alcohol and Other Drug Studies. (March 24, 2022). Tuscaloosa, Alabama.

“Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model. Northern Virginia Licensed Professional Counselors NVLPC (January 8, 2021)Virtual.

“Harm Reduction Techniques for the Spectrum of Alcohol Use Disorders” Smith College of Social Work Professional Education Course. (October 16, 2020) Virtual.

“Harm Reduction Methods for Substance Use Disorders” Prince William Public Safety Resilience Center. (July 17, 2020). Full day training

“Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model” National Conference on Addiction Disorders East (July 31, 2020). Virtual.

“Harm Reduction Approaches to Alcohol Use Disorders” Greater Washington Clinical Society for Social Workers (June 26, 2020). Virtual.

“Practicing Alcohol Moderation: Abstinence is Not the Only Way” 2020 NASW Virginia Chapter Annual Conference (March 26, 2020). Virtual.

“Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model” Smith College for Social Work Webinar (March 19, 2020). Virtual.

“Shh! Let’s Talk About Moderation for Mild to Moderate Alcohol Use Disorders. (August 21, 2018). National Conference on Addiction Disorders. Anaheim, California.

“Alcohol Treatment According to the New DSM-5 Diagnostic Spectrum.” (July 17, 2018). Virginia Summer Institute on Addiction Studies. Williamsburg, Virginia.

“How Do I Know If I Can Keep Drinking Quiz” Northern Virginia Licensed Professional Counselors. (February 23, 2018). Ashburn, Virginia.

“Discover How Mindfulness Opens Doors to Success” October 19, 2017. Ashburn, Virginia.

“Emerging Treatment for Mild to Moderate Alcohol Use Disorders. Part 1: Theory & Part 2: Practice” NEFESH Webinars (October 25, 2017 and November 1, 2017).

“Why We Started Teaching Alcohol Moderation” 16<sup>th</sup> Annual Pathways to Wellness Conference. (October 20, 2017) Fairfax, Virginia.

“Shhh! Let’s Talk About Moderation for Mild to Moderate Alcohol Use Disorders.” (August 18, 2017). National Conference on Addiction Disorders. Baltimore, Maryland.

“Changing the Way We Treat Mild Alcohol Use Disorders.” Virginia Summer Institute for Addiction Studies. (July 17, 2017). Williamsburg, Virginia.

“Shhh! Let's Talk About Moderation for Mild Alcohol Use Disorders.” 2017 American Mental Health Counselors Association Annual Conference: Innovate and Advocate: Clinical Pathways to Excellence. (July 28, 2017). Washington, DC.

“Can My Client Keep Drinking? How You Can Help Them Decide When Enough is Enough.” (March 2017) NASW-Virginia Annual Conference. Williamsburg, Virginia.

“Alcohol Moderation for Men: How Being Male Plays a Role in AUDs.” (March 15, 2017) Phoenix House Mid-Atlantic Recovery Summit. Arlington, Virginia.

“Shhh! Let’s Talk About Moderation for Mild Alcohol Use Disorders.” (November 2016) Employee Assistance Professionals Association. Richmond, Virginia.

“Can My Client Keep Drinking? How You Can Help Them Decide When Enough is Enough.” Poster Presentation. (October 2016) National Association for Alcoholism and Drug Abuse Counselors. Minnesota, MN.

“Can My Client Keep Drinking? How You Can Help Them Decide When Enough is Enough.” (September 2016) Greater Washington Society for Clinical Social Work. Arlington, Virginia.

“Can My Client Keep Drinking? How You Can Help Them Decide When Enough is Enough.” (September 2016) Employee Association Professionals Association. Washington, DC.

“Can My Client Keep Drinking? How You Can Help Them Decide When Enough is Enough.” (August 2016) Caron Treatment Centers, Chevy Chase, MD.

“Signs, Symptoms, and Solutions for Alcohol and Drug Use in Teens.” (April 2016) Fairfax County Mental Health Support Group. McLean, Virginia.

“Signs, Symptoms, and Solutions for Substance Use Disorders in Adolescents for Behavioral Health Providers” (September & October 2015) Dominion Hospital. Falls Church, Virginia.

“Preventing Emotional Indulgence.” (October 2013) Lunsford Middle School Chantilly, Virginia.

“Best Practices in Dual Diagnosis Treatment.” (April 2011) Privia Medical Group, Fairfax, Virginia.

“Dealing with Death.” (February 2010) United Airlines EAP, Sterling Virginia.

“Involving the Family in Residential Treatment and Discharge Planning.” (January 2010) Crossroads Residential Programs, Alexandria, Virginia.

“Preventing Adolescent Substance Use.” (November 2010) Mercer Middle School, Aldie, Virginia.

“Intervention and Brief Therapy with Addiction.” (November 2009) Virginia Commonwealth University, Alexandria, Virginia

“Creating Healthy Dynamics by Understanding Emotional Indulgence.” (October 2009) Fairfax County Substance Abuse Awareness Week, Fairfax, Virginia.

“Preventing Emotional Indulgence: What to do as Parents.” (April 2009) Mercer Middle School, Aldie, Virginia.

“What Would You Do? Role Plays for Handling Alcohol and Drugs.” (March 2009) Lord of Life

Youth Forum, Burke, Virginia

“Working Through Step 4.” (April 2008) Celebrate Recovery, Fairfax City, Virginia.

“Myths About Marijuana and Alcohol: Parent Edition.” (April 2008) Fairfax Community Church, Fairfax, Virginia.

“Myths About Marijuana and Alcohol: Teen Edition.” (May 2008) Fairfax Community Church, Fairfax, Virginia.

“Best Practices in Dual Diagnosis Therapy: How to Respond As Providers.” (November 2007) Child and Family Counseling Group, Fairfax, Virginia.

“Teens and Addiction: Helpful Hints for Working With Families.” (October 2007) Northern Virginia LPC, Sterling, Virginia.

“Building Healthy Kids and Healthy Families.” (March 2007) Ed Anywhere, Sterling, Virginia.

“How to Handle Adolescent Substance Use.” (August 2007) Centreville High School, Centreville, Virginia.

“Stress Management: How You Can Keep Your Body, Mind, and Brain Calm.” (August 2006) Loudoun County Public Schools, Ashburn, Virginia.

“Understanding HIPAA for Therapists.” (October 2006) The Counseling Center of Fairfax, Fairfax, Virginia.

#### **EDUCATION**

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**Virginia Commonwealth University**, Alexandria, Virginia

Master of Social Work, December 2006

**George Mason University**, Fairfax, Virginia

Bachelor of Science in Psychology, May 1995

#### **ADDITIONAL INFORMATION**

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##### **Commonwealth of Virginia**

Licensed Clinical Social Worker, October 2012

Licensed Substance Abuse Treatment Practitioner, January 2018

Master Addiction Counselor, October 2016

##### **Publications**

Co-Authored the *Dual Diagnosis Recovery Program: The Handbook for Recovery*, Copyright 2007

Co-authored *How Do I know If I Can Keep Drinking Quiz* October 2013

##### **Certification**

Anger Management and Intervention Strategist, Brave Endeavors, Inc.